

MassBike Spins to the Harbor Islands, Saturday, July 24, 2010

<u>Miles</u>	<u>Action</u>	<u>Miles</u>	<u>Action</u>	<u>Miles</u>	<u>Action</u>
0.0	Start at Paul Revere Park	10.3	Bear Right on Bennington St.	25.3	R. on Condor St.
0.0	Right on Constitution Road	11.4	Cross Saratoga St. at light	25.7	Right on Meridian St.
0.2	Straight through Navy Yard	12.1	Right into Belle Isle Marsh	25.8	Cross Chelsea Creek on McArdle Bridge (Danger: Grating Bridge)
0.3	Straight on 1st Ave.	12.8	Right on Bennington St.	26.0	Left on Williams St. at light
0.8	Left on 16th St.	13.2	Right on Winthrop Ave.	26.2	Left on Broadway
0.9	Right on Chelsea St.	13.8	Right on Winthrop Parkway	26.4	Right on Commandants Way
1.0	Left on Terminal St.	14.0	Straight on Revere St.	26.6	Right onto path
1.6	Right on Medford St.	14.4	Straight on Crest Ave.	27.1	Left on Commandants Way
2.1	Right on Main St.	14.6	Right on Winthrop Shore Drive	27.4	Left on Beacham St. (Danger: Urban Grayway!)
2.2	Right on Alford St. (MA 99)	15.7	Right on Beacon St.	28.5	Left on Robin St.
2.5	Cross Mystic River (Danger: Grating Bridge)	15.8	Left on Shirley St.	28.8	Right on Dexter St. at end of street
2.9	Right on Dexter St. at light	16.6	Left on Elliot St.	28.9	Left on Broadway (MA 99) at light
3.0	Left on Robin St.	16.7	Right on Tafts Ave.	29.3	Cross Mystic River to Charlestown (Danger: Grating Bridge)
3.4	Right on Beacham St. (Danger: Urban Grayway!)	17.0	Left into Deer Island parking lot (We'll stop for a photo at the big sign here.)	29.7	Go around rotary to Rutherford Ave. (Ride on paved shoulder)
3.6	Everett Oil Tank Farm	17.1	Straight on path along waterfront	30.7	Right on sidewalk after parking lots
4.1	Chelsea Produce Market	18.4	Stop to view Harbor Islands	30.8	Left on Millers River path
	Straight on Williams St.		Continue on path clockwise around island	30.9	Straight at end of path
	Left on Chestnut St.	19.5	Straight on Tafts Ave.	31.1	End at Paul Revere Park
	Right on 4th St.	19.5	Leave Deer Island		
	Right on Hawthorne St.	19.9	Straight on Shirley St.		
	Left on Central Ave	20.8	Left on Washington Ave.		
	Straight over Chelsea St. Bridge	21.3	Straight on Pleasant St.		
	Follow Chelsea St. into East Boston	22.5	Left on MAIn St.		
	Left on Sumner St.	22.6	Straight on Saratoga St. into East Boston (after crossing Belle Isle Inlet)		
	R. on Bremen St.	23.3	Left on Bennington St.		
6.2	Left on Sumner St.		Look for Food		
6.5	Right on Bremen St.	23.5	Left over Blue Line on foot bridge		
	Left on Marginal St.	23.6	Lunch at Constitution Beach		
	Stop at the blue caboose	23.6	Right on path		
	Straight on Marginal St.	23.8	Exit park onto Coleridge St.		
7.2	Left on path at end	23.9	Right on Byron St.		
7.3	Right on waterfront path	24.1	Left on Homer St.		
7.9	Stop for view when path ends	24.2	Right on Moore St.		
7.9	Turn around	24.3	Cross Bennington St.		
8.5	Left through park	24.4	Left on Saratoga St.		
8.6	Right on Marginal St.	24.8	Left on Neptune Rd.		
9.2	Right on East Boston Greenway	24.8	R. on Chelsea St.		
9.7	Pass MBTA Airport Station	24.9	L. on Eagle St.		
10.1	Left on Prescott St.	25.0	R. on Condor St.		
10.1	Right on Bremen St.	25.1	R. on path through park		

On this sixth annual ride to Boston's Harbor Islands, we'll bike a total of 30 miles from Charlestown, starting along the waterfront, then through Everett, and Chelsea to East Boston, following a slightly different route than usual to avoid the Chelsea River Revels foot race. We'll follow the East Boston Greenway and streets to Revere, then go south along the shore through Winthrop to the tip of Deer Island. We'll ride back through East Boston, stopping at Constitution Beach for lunch (there are lots of fast food places over the footbridge on Bennington St.), then across Chelsea to the Mystic River and back to Charlestown.

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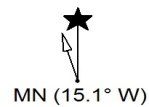
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